



## IPS Mentorship 3.0 | A Network of Friends

### **What is a Mentor?**

A mentor is first and foremost a friend. They learn as much as they share with their mentee. Thus it is a friend-to-friend relationship based on care, compassion and character.

The mentor is generally someone who has spent more time in spiritual life than the mentee and has the key service to encourage the mentee engage in regular sangas, services and guidance. These sangas, services and guidance may be facilitated by the mentor themselves, but more likely will be run/given by another mentor but the mentor can connect the mentee to these.

It is key to note, that the role of the mentor, as a friend, when it comes to guidance/advice should be facilitative or suggestive but **NEVER** authoritative or directive. The mentor should also only advise to the point of their realisation; where there is a need for more specialist or mature advice, they should facilitate this, typically with more senior mentors within Pandava Sena, or from our list of professional experts.

We would like to make it clear that the mentor is a not an authority, but a friend. Someone who the mentee can speak to openly and honestly. The mentorship system is a place where people should not feel judged or embarrassed but cared for and equipped with the tools, friendship and support to make progress in spiritual life. Should any mentor wish to act like an authority giving more directive advice, they can do so in some other mentorship system.

### **Who can be a mentor?**

The more good mentors, the more we can better take care of our members. We welcome any devotee who is already taking care of others within the Pandava Sena and Alumni ecosystem to simply apply by sending an email to [mentorship.psen@gmail.com](mailto:mentorship.psen@gmail.com) or asking your mentor to recommend you to the coordinator.

The qualification for being a mentor is not based on standards of spiritual practise, but rather, on the maturity of the individual. Our recommendation is that you are already engaged within a service **AND** sanga within the ecosystem

In order to officially become a mentor you will need to go through a brief induction. The mentorship committee will arrange induction sessions periodically throughout the year.

### **Who can be a mentee?**

Anyone who attends Pandava Sena and Alumni events and participates in a sanga **OR** service within the PS ecosystem.

### **How does it work?**

Either the mentor or the mentee can change their mind at any time.

After one year, the system is automatically 'reset' and mentors and mentees reallocated according to their new preferences.

If you have any questions or concerns, please don't hesitate to contact us at [mentorship@psena.com](mailto:mentorship@psena.com)